



# Cookery holiday in Tuscany





### Cookery holiday in Tuscany

- 4 NIGHTS / 5 DAYS
- Two cookery lessons each of two to three hours' duration
- One pasta-making class followed by lunch or visit to organic farm
- Visit with English speaking guide of a local market



This 4-night cookery holiday in Tuscany features small group cookery classes for either 4 or 6 people that are held in the Chianti region not far from Arezzo at Relais Villa Belpoggio and a local bakery. The Villa's lessons are taken by the chef, who cooks using local, mainly organic, produce. All classes are hands-on and each participant will be invited to input ideas on menus and techniques. The emphasis is on explaining and instructing you in traditional cooking methods and regional dishes. Each of the lessons lasts between two and three hours and is followed by a meal together. Also included in this cookery holiday is a pasta making class nearby, a visit to an organic farm, a guided visit to a local market, an excursion to Arezzo and dinner at the hotel on two evenings. This holiday can be arranged for just two people, and with a hire-car instead of transfers. Contact us for exact price details.

### **PRICES**

The holiday operates on the following dates: 25 April 2021, 9 May 2021,13 June 2021, 19 September 2021 but can also be arranged at any time for individuals.

### Price per person:

- 4 per party with transfers
- 1 April to 31 May £1860
- 1 June to 30 September £1920

### 2 per party with transfers

- 1 April to 31 May £2340
- 1 June to 30 September £2390

### 2 per party with car-hire

- 1 April to 31 May £1870
- 1 June to 30 September £1930

Single room supplement: £790 April and May, £820 June to September

### WHAT'S INCLUDED

- Scheduled flights with British Airways London Gatwick to Pisa return, economy
- Mini-bus transfer from Pisa airport to the hotel and back
- Four nights' bed and breakfast in a double or twin classic room at the Villa Belpoggio near Arezzo
- Two cookery classes each of 2 to 3 hours' duration
- One pasta-making class followed by lunch or visit to organic farm
- Visit with English speaking guide of a local market
- Concierge service and Expressions Holidays regional helpful hints

### WHAT'S NOT INCLUDED

- Early check-in or late check-out at any hotels (although we can arrange this on request at additional cost)
- Any other services not mentioned above, such as transfers and meals except breakfast at hotels
- Personal holiday insurance. This is essential and cover should be in place from when you book the holiday.
- Local tourist tax, usually between Euros
  1 and 3 per person per night, and payable locally to the hotel

### CODE

FHIT16



### Day one Arrive Pisa and transfer to Loro Ciuffena

ADepart from London to Pisa, on the British Airways morning flight. You will be met and taken by mini-bus to the Villa Belpoggio in Loro Ciuffenna. The journey time is about two hours. If you want to travel by another airline, or to another airport or have a hire-car, we can adjust the details and the price for you. Once you have checked in to the Villa, there is time to explore it and its grounds, perhaps enjoying a refreshing drink before your invitation to join a guided tour at 6.30 taking you through the history of the villa and its gardens. Dinner with wine this evening at Villa Belpoggio is included. The Relais Villa Belpoggio is a boutique hotel of only 10 rooms and two apartments, in the countryside near the village of Loro Ciuffenna just 35 kms from Florence in the direction of Arezzo. It is set in a secluded part of the valley of the River Arno, upstream from Florence, and its belvedere looks out over the valley and its wooded hills. Hills, woods, fields, olive groves and vineyards are all to be found nearby. The Villa dates back to the 17th Century, having been built for the aristocratic Fiorilli family. Today it is a boutique hotel, run by a husband and wife team and combines charm and cosiness with high standards of service and comfort.



This morning we arrange for you to be taken into Arezzo (about 40 minutes' drive), birthplace of Piero della Francesca and home to numerous churches, mediaeval palaces, fine town square and Roman amphitheatre, for some free time to explore and then you are transferred back to the hotel ready for the first cookery lesson given by the chef, which takes place at 3pm, followed by dinner at 7.30 pm of the menu you have created in the afternoon.

## Day three Visit local market and second cookery lesson

AThis morning you will visit a local market from about 9.30 until 11.00 with an English-speaking guide. Then there is some free time before your afternoon cookery lesson at the Villa. This two-hour session is hands-on and provides an insight into the preparation of regional dishes as well as traditional cooking methods. At the end of the session, you share the evening meal together.

### Day four Pasta making or visit organic farm

In the morning after breakfast there is a pasta making class nearby. Lunch consists of the



Cookery at Villa Belpoggio

fruits of your labour after a pleasant walk in the surroundings. If the pasta-making is not available, it will be substituted with a visit to an organic farm that produces wine and vegetables or truffle hunting. The afternoon is free for you to walk, potter around nearby Loro Ciuffenna or relax beside the pool and in the gardens. Tonight dinner with wine at the Villa Belpoggio is included.

### Day five To Pisa and flight home

You have the morning at leisure, depending on the time of your return flight, before you bid farewell to your charming hosts at the Villa Belpoggio and the transfer back to Pisa for your flight.

### **GENERAL INFORMATION**

This tailor-made holiday is one of several holidays we can offer you exactly as it is but also with any alterations you might want including extra nights in one or more places or adding in extra places. Do call to discuss the options with our travel consultants.



#### OUR HOLIDAYS

Our tailor-made holidays are suggestions which work well as they are or which can be adapted in numerous ways. They can be fly-drive (with flight and hire-car included), self-drive (with ferry or Eurotunnel included with your own car) or rail and hire-car.

#### FLEXIBLE ARRANGEMENTS

Our arrangements are very flexible in that you choose to travel on any day you want, subject to availability of your chosen transport and hotels. As mentioned above, additional nights can be added at any point.

#### **OUR PRICES**

The sample prices mentioned in this leaflet are generally a 'from' price based on the cheapest season of travel. However, train fares and hotel rates can change (up and down depending on offers), so we give you an accurate price for your holiday when we provide you with a quotation. Our sample prices should be used as an indication of how much a particular combination will cost and to show the differences on average between the hotel categories on offer.

### **BOOKING CONDITIONS**

Our booking conditions apply to all holidays. A copy can be found on our website and a copy is also sent to you with a written quotation and when you make a booking.

### FINANCIAL PROTECTION

Expressions Holidays offers full financial protection for all holidays you book with us. If your holiday includes a flight, the ATOL (3076) covers the costs of the holiday. If the holiday does not include a flight, it is the ABTOT bond that protects the cost of the holiday. We are also members of AITO (the Association of Independent Tour Operators).

Expressions Holidays Lynx House, Pynes Hill, Exeter EX2 5JL









### **HOW TO BOOK**

To make a booking, just phone us on

01392 441250

and we can take you through the details we need and start the booking process.